



## Bullying and Harassment in the Workplace

Bullying and Harassment is a universal issue that affects many people, whether it is in the school, business, or in the workplace; regardless of age, gender, race, religion or socio-economic status. Although bullying is often associated with children and schools, mature adults who may be qualified professionals **are also** susceptible to bullying tactics.

The effects of workplace bullying include decreased productivity, lost man-hours, absenteeism, and workplace aggression **and on a personal level can last a lifetime.**

This course is about exploring common questions and concerns on bullying and harassment and discusses the legal implications of bullying and harassment in the workplace. It will provide participants with useful information in dealing with the issues that are confronted.

### Who should attend?

Managers, HR Professionals and those staff members who wish to know more about this subject in order to facilitate them in taking appropriate action in the workplace to help eliminate bullying and harassment.

Aksaa can work with you to design and deliver training programmes which are tailor-made to your requirements.

The fee is £150 plus VAT per delegate or £1500 plus VAT plus expenses, for up to 20 delegates for an in-house course.



### Course objective

By the end of the course, participants will be able to:

- Raise awareness of the effects of bullying and harassment at work.
- Underline the importance of an environment where everyone feels safe from bullying and harassment.
- Discuss the legal framework on bullying and harassment.
- Identify different methods that are used to bully and harass.
- Explore what role you can play in ensuring that bullying and harassment is eliminated.
- Demonstrate how to deal with cases of bullying and harassment.
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